

# SKINCARE SEQUENCE:

## Four basic steps to beautiful skin

Start here

### STEP 1 REMOVE MAKEUP

		D	N	O
# 300 # D25	Deep Cleansing Oil	✓	✓	✓
# 669	Cleansing Milk	✓	✓	✓
# 3652	Mild Touch Cleansing Oil	✓	✓	✓
# 11	Make Off Sheet	✓	✓	✓
# 3690	Eye & Lip Makeup Remover	✓	✓	✓

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# 93	Facial Scrub	✓	✓	✓
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#### + ADVANCED CARE PRODUCTS

You can use these exfoliants, boosters, fine line fighters and eye care products in addition to the four steps above.

For example, use Vitamin C Essence between STEP 2 and STEP 3. If you are using multiple products, use them in order from top to bottom.

**Masks**  
Apply # 690 Q10 Mask, # 197 Alpha-Arbutin White Mask, # 26 Mineral Mask and # 594 Tourmaline Pack *after* cleansing and *before* toning. Use all other masks *after* cleansing and toning.

### STEP 2 WASH

		D	N	O
# 2 # D26	Mild Soap	✓	✓	✓
# 192	Olive Soap	✓	✓	✓
# 296 # 275	Pure Soap		✓	✓
# 3978	Moisturizing Clear Soap	✓	✓	✓
# 298	Cleansing Foam	✓	✓	✓
# 176	Washing Powder	✓	✓	✓
# 301	Face Wash	✓	✓	
# 3047	Q10 Facial Film Soap	✓	✓	✓
# 3894	Salicylic Acne Wash	✓	✓	✓

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# 271	Olive Leaf Extract	✓	✓	✓
# 352	Vitamin C Essence	✓	✓	✓
# 77	Acerola Extract	✓	✓	✓
# 72	Eye Off-Shadow	✓	✓	✓
# 104	Eye Bright	✓	✓	✓

### STEP 3 TONE

		D	N	O
# 169 # 5	Mild Lotion	✓	✓	✓
# 268	Olive Leaf Lotion	✓	✓	✓
# 99	Acerola Lotion		✓	✓
# 170	Balancing Lotion		✓	✓
# TOL	Soothing Lotion	✓		
# 68	Skin Softener	✓	✓	
# 187	Alpha-Arbutin White Lotion	✓	✓	✓
# 22144	CoQ10 Lotion	✓	✓	✓
# 679	Q10 Water Mist	✓	✓	✓
# 3954	Platinum Silver Nanocolloid Lotion	✓	✓	✓
# 3895	Salicylic Acne Toner	✓	✓	✓

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# SRC	Renewing AHA Cream*	✓	✓	✓
# 3897	Acne Spot Therapy	✓	✓	✓
# 403	Extra Concentrate	✓	✓	✓
# 8	Wrinkle Essence	✓	✓	✓
# 600	Alpha-Arbutin White Powder	✓	✓	✓
# 3	Retino A Essence	✓	✓	✓
# D13	Eye Treatment Essence Peptides	✓	✓	✓
# MEC	Concentrated Eye Cream	✓	✓	✓
# 714	Q10 Eye Cream	✓	✓	✓
# 3001	Platinum Silver Nanocolloid Milky Essence	✓	✓	✓
# D14	Neck Treatment Essence Peptides	✓	✓	✓

### Need help finding products to meet your skin's changing needs?

We have licensed estheticians available weekdays 8AM–8PM ET and Saturdays 11AM–8PM ET. Just ask for a Beauty Consultant. beauty@DHCcare.com / 800.DHC.CARE (342.2273)

### STEP 4 LIGHT MOISTURE INTENSIVE MOISTURE UV CARE

		D	N	O
# 297	Water Base Moisture		✓	✓
# 100	Acerola Gel		✓	✓
# SAC	Antiox C	✓	✓	✓
# 291	Emollient Balm		✓	✓
# 188	Alpha-Arbutin White Milk	✓	✓	✓
# MRM	Rich Moisture	✓	✓	
# 269	Olive Leaf Milk	✓	✓	✓
# 22145	CoQ10 Gel	✓	✓	✓
# 22146	CoQ10 Face Milk	✓	✓	✓
# 3896	Salicylic Face Milk	✓	✓	✓

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# 715	Q10 Neck Cream	✓	✓	✓
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		D	N	O
# 73	Ceramide Milk	✓	✓	
# 3002	Platinum Silver Nanocolloid Cream	✓	✓	✓
# 74	Ceramide Cream	✓	✓	
# 3955	Acerola Cream		✓	✓
# 102	Tocophero E Cream	✓	✓	
# 189	Alpha-Arbutin White Cream	✓	✓	✓
# MNM	Extra Nighttime Moisture	✓	✓	✓
# 270	Olive Leaf Cream	✓	✓	✓
# 550	Q10 Cream	✓	✓	✓
# 3958	EGF Cream	✓	✓	✓
# 1	Olive Virgin Oil	✓	✓	✓

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# 715	Q10 Neck Cream	✓	✓	✓
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		D	N	O
# 451	White Sunscreen	✓	✓	✓

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# 292	Eye Wrinkle Stick	✓	✓	✓
# 311	Wrinkle Filler	✓	✓	✓

#### Cheat sheet

Create a personal skincare routine by entering your product names below. As your skin adjusts to the seasons or other factors, switch out products as needed.

My **DHC** Routine

Step 1: REMOVE MAKEUP

Step 2: WASH

Step 3: TONE

Step 4: LIGHT MOISTURE

INTENSIVE MOISTURE

UV CARE

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