



Health

December 2010

After searching the globe, *Health* magazine included DHC's bestselling Deep Cleansing Oil in their "World's Best Stay-Gorgeous Secrets" compilation for December 2010.



Deep Cleansing Oil
6.7 fl. oz.
300 \$25 Sample # 1022



The World's Best Stay-Gorgeous Secrets

We traveled the globe to find the ultimate youth-boosting moves. You won't believe these simple strategies.
By Jennifer Goldstein

EVER NOTICE HOW SO MANY WOMEN FROM OTHER COUNTRIES SEE get older without looking "old"? Famous beauties like Iman, Julia Binoche, Isabella Rossellini, and Salma Hayek jump to mind, but the phenomenon isn't limited to celebs. What secret weapons do women around the globe have that we could add to our anti-aging arsenal? After speaking to international beauty experts, a few common strategies emerged. Read on for the world's best age-proofing moves

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Hydrate (and wash!) with oil

In the States, where products are often marketed as "oil-free," some women think of oil as a negative thing. But women in Asia, South

Hydrate (and wash!) with oil

In Asia, many women also use oils like **DHC Deep Cleansing Oil** (\$25; dhccare.com) in lieu of face wash. Some Mediterranean women rely on straight olive oil to cleanse at the end of the day. And the trend extends to Middle Eastern women, too: "In Iran, my mother used to cleanse her skin every night with rose water mixed with pomegranate oil," recalls Margo Marrone, a marketing manager for Organic Pharmacy.

There's a good reason oils keep skin fresh. "Soaps and foaming cleansers with sulfates can alter the natural pH of the skin, which eventually will cause dryness and create lines and wrinkles," Raichur explains. "But oils can remove dirt and makeup without stripping the skin."

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