



# Prevention

September 2010

Television star Valerie Bertinelli named DHC Deep Cleansing Oil as one of her beauty must-haves in the September 2010 issue of *Prevention* magazine.



Deep Cleansing Oil  
6.7 fl. oz.  
# 300 \$25 Sample # 1022

go straight for them. So there are certain things I just won't buy.

**Your fiancé, Tom Vitale, must give you a lot of support. What does he say when you're struggling?**

"Honey, you really don't want that, do you?" But sometimes I'll hear that and go, "Why? What are you trying to tell me?!" Lately, Tom and I have been cooking a lot—grilling chicken and veggies, making turkey meatballs...

**Did you get any unexpected benefits from losing weight?**  
I stopped snoring as much, which was

## VALERIE'S 5 BEAUTY MUST-HAVES

A beach girl at heart, Valerie goes for a no-fuss, natural look. "If I don't have to wear makeup, you'll see me clean-faced," she says. Still, a few must-have products keep her natural beauty in top form:

- ◆ **MOROCCANOIL TREATMENT** keeps frizzies away during a day at the beach or outdoors. (\$39; moroccanoil.com for salon locator)
- ◆ **CLAIROL NICE 'N' EASY BOOT TOUCH-UP** for when she can't get to her colorist. (\$7; drugstores)
- ◆ **PUREOLOGY ANTIAGE COMPLEX HYDRATE SHAMPOO** to keep her color intact. (\$27; pureology.com for salon locator)
- ◆ **DHC DEEP CLEANSING OIL** gets her heavy TV makeup off in a jiffy. (\$25; dhccare.com)
- ◆ **CINDY CRABFORD HEARINGFUL BEAUTY ANTI-AGING NIGHT CREME** keeps her skin soft; she swears that she goes through "gobs and gobs of it" (\$48; dhccare.com)



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