



# SHAPE

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## beauty diary



### Olives: just what your skin needs

Olives are full of free-radical fighting antioxidants, which help thwart environmental damage and may reduce signs of aging, and they're rich in lipids, which is why they moisturize so well. A few of the best olive-based products:

**FOR YOUR FACE** DHC Olive Leaf Cream (\$38; [dhccare.com](http://dhccare.com)) penetrates quickly, leaving skin soft but never greasy.

Olive Leaf Cream  
1.4 oz. Net wt.  
# 270  
\$38



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